


November 2014

High School



	Tue	Wed	Thu	Fri	Sat	
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2	3 Chicken Patty Bun Sweet Potato Carrots/Apple	4 Chili Crackers Peaches/Broccoli Cinnamon Rolls	5 Breaded Pork Steak Bun Corn/Carrots/Broc Gold Fish Crackers	6 Chicken Strips Mashed Potatoes Green Beans Gravy/Pears Bread & Butter	7 Taco in a Bag Meat & Cheese Refried Beans/Carrots Pineapple Lettuce Salad	8
9	10 Hot Pockets Mozzarella Cheese St. Mixed Fruit Lettuce Salad/Broccoli Elf Grahams	11 Popcorn Chicken Mashed Potatoes/Gravy Corn/Broccoli Peaches Bread & Butter	12 Corn Dogs Baked Beans Carrots Apple Slices Bread & Butter	13 Tony's Pizza Green Beans Oranges/Peaches Gold Fish	14 Cook's Choice	15
16	17 Hamburger/Bun Sweet Potato Criss Cuts Oranges Sherbert Cups	18 Spaghetti Green Beans/Salad Peaches Garlic Toast	19 Hot Dogs/Bun Baked Beans Oranges Bug Bites Graham	20 Thanksgiving Dinner	21 Taco in a Bag Corn Pineapple Bread & Butter	22
23	24 Grilled Chicken/Bun Potato Wedges Pears Rice Krispie Treat	25 BBQ Pork/Bun Baked Beans Peaches Pickle Cookie	26 Cook's Choice	27 No School	28 No School	29
30					Based on a Calories High School 750-850	Subject to changes Milk Daily

